

SHUSTOKE SAILING CLUB

Reservoir Drive, Shustoke, Coleshill, B46 2BE. Tel: 01675 481597

Open Meetings 2026

SAILING INSTRUCTIONS (SIs)

AUTHORITY

For the purpose of this rule the RYA is the National Authority and SHUSTOKE SAILING CLUB is the organising Authority. Under the rules of SSC the Sailing Committee is appointed as the Race Committee, but may delegate its responsibilities to a Committee for an Open Meeting.

All entrants agree to abide by the rules of Shustoke Sailing Club, including the requirements of Severn Trent Water Authority (STWA).

1 RULES

- 1.1 The event is governed by the rules as defined in *The Racing Rules of Sailing* 2025 – 2028.

2 CHANGES TO SAILING INSTRUCTIONS

- 2.1 Any change to the sailing instructions will be displayed in the vicinity of the course board outside the clubhouse at least 10 minutes before the first warning signal.

3 COMMUNICATIONS WITH COMPETITORS

- 3.1 Notices to competitors will be posted on the official notice board located at in the vicinity of the course board outside the clubhouse.
- 3.2 The race office is located at Shustoke Sailing Club.

4 CODE OF CONDUCT

- 4.1 Competitors and support persons shall comply with reasonable requests from race officials.

5 SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed on the lawn on the lake side of the clubhouse.
- 5.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 15 minutes' in Race Signals AP.

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6 SCHEDULE OF RACES

- 6.1 The schedule of races will be included in the Notice of Race for each event.
- 6.2 Starting times for races and changes to instructions will be posted near the course board, outside Clubhouse.

7 CLASS FLAGS

- 7.1 The Class Flags will be detailed at the briefing.

8 RACING AREA

- 8.1 The racing area is Shustoke reservoir. The course board shows the location of the racing area.

9 COURSES

- 9.1 The course board at the Clubhouse shows the course, including the approximate locations of the marks, the order in which marks are to be rounded, and the side on which each mark is to be left.
- 9.2 Numbered discs on the course board will be used to describe the order and direction the marks are to be rounded. (Green discs show the mark is to be left to starboard and Red discs to be left to port). In case of any discrepancy between the discs and the drawn course, the drawn course takes precedence.
- 9.3 The course may also be displayed on the side of the Committee Boat. 9.4 The following priority exists: if the course is displayed on the Committee Boat then this will be the definitive course. Should a Lead Boat be provided, it shall be an indication of buoy location only. It is the responsibility of the competitor to sail the correct course.
- 9.5 Change of course. Marks on the course may be moved during a race at the discretion of the Race Officer.
- 9.6 The number of rounds to be sailed will be displayed at the same location as the course.

10 MARKS

- 10.1 Marks are shown on the course board, and will be described in the briefing.

11 OBSTRUCTIONS

- 11.1 The following objects are designated as an obstruction:
 - Lines of submerged straw bales installed at each end of the reservoir by STWA are demarked by lines of small green floats. The line of green

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markers and its extension shall be considered to be a continuous obstruction.

- There are three solar panel Algae Control systems floating on the lake. These shall be considered an obstruction.

12 THE START

- 12.1 Races will be started using RRS 26 with the warning signal made 5 minutes before the starting signal.
- 12.2 When starts are required for more than one class the procedure will be described at the event briefing.
- 12.3 The starting line will be defined at the briefing. When the committee boat forms part of the line the line shall pass through the yellow line on the side of the cabin.
- 12.4 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 12.5 A boat that does not start within 4 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1, A5.2 and A5.3.
- 12.6 Where a general recall is instigated and there are multiple starts/fleets, the next starting sequence will be for the fleet which has been recalled.

13 CHANGE OF THE NEXT LEG OF THE COURSE

- 13.1 To change the next leg of the course, the race committee will move the original mark or the finishing line to a new position. This will be at the discretion of the race officer.

14 THE FINISH

- 14.1 The finishing line will be confirmed at the briefing and indicated on the course board.
- 14.2 Unless specified differently as part of the course or at the briefing, this will be the line between the start mark and the staff bearing the on station flag of the committee boat. i.e The start line, becomes the finish line.
- 14.3 In the event of a course being shortened, a race may be finished at any mark of the course.
- 14.4 The race may be terminated at any mark of the course and will be signalled by the flying of Flag "S", accompanied by two sound signals.

15 PENALTY SYSTEM

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15.1 The Scoring Penalty, RRS 44.3, will not apply.

16 TIME LIMITS

16.1 Boats failing to finish within 30 minutes after the first boat of her start finishes will be scored "Did not finish" without a hearing. This changes RRS 35, A4 and A5.

17 HEARING REQUESTS

17.1 The protest time limit is 15 minutes after the last boat finishes the race. If races have to be sailed back to back then protests for both races should be advised within 15 minutes of the end of the later race.

17.2 Hearing request forms are available from the race office.

17.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located in the Clubhouse.

17.4 Advisory hearings and RYA Arbitration are not available for this event.

18 SCORING

18.1 The scoring system is as follows: RRS A4 (Low point system)

18.2 1 race is required to be completed to constitute a series.

18.3 (a) When 2 or fewer races have been completed, a boat's series score is the total of her race scores.

(b) When from 3 to 5 races have been completed, a boat's series score is the total of her race scores excluding her worst score.

(c) When 6 or more races have been completed, a boat's series score is the total of her race scores excluding her two worst scores.

18.4 Rule A5.3 applies.

18.5 Handicap races will be scored on average lap times. Overall places for the fleet based on the current RYA PNs for the different classes.

19 SAFETY REGULATIONS

19.1 A boat that retires from a race shall notify the race committee at the first reasonable opportunity.

19.2 Whilst on the Shustoke sailing Club premises a person under the age of 16 years must at all times be under the responsibility of a parent or guardian.

19.3 RSS40.1 applies at all times when on the water or floating pontoons.

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Personal floatation devices (Buoyancy aids) shall be of the type that requires no action on the part of the wearer upon entering the water to keep afloat, and be properly fitted. Neither a wet-suit nor a dry-suit constitute adequate personal buoyancy.

- 19.4 A dry suit or full wet suit must be worn whilst on the water between the months of December and March inclusive. A "Long John" wet suit is regarded as a full wet suit.

20 NOT USED

21 EQUIPMENT AND MEASUREMENT CHECKS

- 21.1 A boat or equipment may be inspected at any time for compliance with the class rules, notice of race and sailing instructions.
- 21.2 When instructed by a race official on the water, a boat shall proceed to a designated area for inspection.
- 21.3 All competing boats must comply with their class rules and competitors are required to make a declaration of this. Competitors may also be required to produce a valid certificate of measurement for the boat and/or sails and results or prizes achieved in the event may be withheld until produced.

22 NOT USED

23 OFFICIAL VESSELS

- 23.1 Official vessels will be identified in the briefing.

24 SUPPORT TEAMS

- 24.1 Support person vessels are not permitted.

25, 26, 27 and 28 NOT USED

29 PRIZES

- 29.1 Prizes will be given for 1st,2nd,3rd and any further prizes at the discretion of the race committee/organizers.

30 RISK STATEMENT

- 30.1 RRS 3 states: 'The responsibility for a boat's decision to participate in a

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race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. **Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.**

Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By launching / taking part in the event, each competitor (and their parent(s) or guardian(s) in the case of a competitor under 18 years of age) agrees and acknowledges that:

- a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- e) The provision of a race management team, safety boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
- f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.
- g) It is their responsibility to familiarise themselves with any risks specific to Shustoke Reservoir or a particular event drawn to their attention in any rules and information produced for the venue or event and to attend any competitor briefing held for the relevant event.

31 INSURANCE

31.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £2,000,000 per incident or the equivalent. A declaration of compliance is required from all competitors before being allowed to sail.